**THE BIBLE TALKS ABOUT NUTRITION**

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**OLD TESTAMENT**

* GENESIS 1:11 and 12 (Created grass, seed,& fruit)
* GENESIS 1:29 (Fruits, Nuts & Grains)
* GENESIS 2:8-10 (Garden of Eden)
* GENESIS 2:16 & 17 (Tree of Life)
* GENESIS 3:18 & 19 (Thorns& thistles)
* GENESIS 25:34 (Bread and lentils)
* EXODUS 3:8
* EXODUS 9:31,32
* EXODUS 10:15
* EXODUS 11:7-9 (Passover meal)
* EXODUS 13:5
* EXODUS 16:3
* LEVITICUS 11
* NUMBERS 6: 3-4
* NUMBERS 9
* NUMBERS 11: 5-8
* DUETERONOMY 8: 3-8
* NUMBERS 13: 23
* JOSHUA
* EZEKIEL 4:12
* DANIEL 1: 8 – 15 (First recorded diet research in Bible history)

**NEW TESTAMENT**

* MATTHEW 4:4 (Temptation)
* MATTHEW 26: 26 - 29 (The last supper)
* MATTHEW 27: 48 ( Vinegar on the Cross)
* MARK 6 (Five loaves and Two fishes)
* JOHN 2: 1-11 (Jesus turn water into wine)
* JOHN 4: 1-42 (The woman at the well)
* LUKE 6:1
* REVELATION 22: 1-5 (From Eden To Eden Restored)